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## INTRODUCTION

**Discover**, as defined by *The American Heritage Dictionary* means: **1.** To obtain knowledge of through observation, search, or study. **2.** To be the first to find, learn of, or observe. **3. Archaic.** To reveal; expose.

**Discovery**, as defined by *The American Heritage Dictionary* means: **1.** The act or an instance of discovering. **2.** Something that has been discovered. **3. Law.** Data or documents that a party to a legal action is compelled to disclose to another party either prior to or during a proceeding.

The *Discovery Channel* is a cable and satellite TV channel founded by John Hendricks which is distributed by Discovery Communication. It provides non-fiction variety programming focusing primarily on the themes of popular science, history, and knowledge about the world, which are usually showcased as documentaries globally. In the U.S., the programming for the main Discovery network is primarily focused on “reality-based” television themes such as speculative investigation (Unsolved History, Best evidence), automotives, and occupational duties (Dirty Jobs and Deadliest Catch). It also features documentaries specifically aimed at families and younger audiences ([http://en.wikipedia.org/wiki/Discovery\\_Channel](http://en.wikipedia.org/wiki/Discovery_Channel)). *The Discovery Channel* has hosted such programs as *The Lost Tomb of Jesus*, *Invasive Toads Getting Arthritis*, and *Early Humans Wore Makeup* (<http://disc.discovery.com/news/news.html>). Pretty strange stuff, huh? Well...like *The Discovery Channel*, some of the stuff that runs through my mind also falls in the “strange” category. Keep in mind though that these are strange, funny, AND serious thoughts. Life is full of funny, corny things. The joy comes from actually taking the time to “experience” them. You are about to go on a journey of discovery. I hope this short read brings a smile to your face and helps you in your “discovery process.” It may not be pretty, but I claim it. Read on...if you dare...

## **CHAPTER 1**

### ***A New Kind of Pop Bottle***

Ladies, it's a new day! Like bottles, women come in all colors, shapes and sizes. We don't have to be pencil-thin, chubby, or have hour-glass figures. We can simply be "women."

The abuse that we allow ourselves to be subjected to and endure has escalated to the point where many women die at the hands of men who they believe *love* them and have surgery to meet someone else's expectations instead of our own. Surgery is a very serious matter and we should only have surgery that "we" want to have. If the surgery we "elect" to have pleases someone else in the bargain, that's a win-win situation, but if we allow ourselves to be cut up in order to please someone else, we usually end up very disappointed.

The sad fact is that a man will never stay with us on the basis of our bodies alone. Who would? Our dollars may be better spent finding ways to better develop our minds, personal relationships, communication and negotiation skills, technical skills and hobbies. Developing these areas of our lives have a more positive effect on us as individuals—whether we are in a relationship or not.

Let's use all of our different colors and shapes to lift up each other! We spend entirely too much time bashing each other and allowing men to con us into backstabbing each other. Of course, I'm not blaming men for the fact that we tend to spend so much time backstabbing each other (we have to take FULL responsibility for this), but they certainly encourage us to do that. Men do this because they lean toward

being competitive about all sorts of things. Women, on the other hand, tend to be more social and attempt to resolve issues through conversation.

To some degree, I do see women viewing the backstabbing area of our lives differently. There are so many of us doing so many wonderful and exciting things that some of us have realized that it's much more important to **learn from** each other than **fight against** each other. Today, many more women are college educated, homeowners, and single moms than ever before. In order to maintain these things without the absolute **NEED** of a man's assistance, women may want to band together and learn from each other opposed to fighting against each other.

The fact that many women delay marriage and/or having children has also helped stop some of the backstabbing. As a woman continues to earn more of the actual dollars spent in this country, she has more impact regarding *how* the money is spent, which results in more **POWER** in the home and in the business world.